



# Catering Menu



**Shop 38, Kenmore Village, 9 Brookfield Road, Kenmore QLD 4069 T: 07 3378 7170**  
**[www.ingredientsdeli.com.au](http://www.ingredientsdeli.com.au) E: [info@ingredientsdeli.com.au](mailto:info@ingredientsdeli.com.au)**



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## DELI & CATERING

### Breakfast Platter (Minimum order 6)

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|---|------|
| > Breaky Wrap<br><i>Bacon &amp; Free Range Eggs wrap with BBQ sauce</i> | 6.00 |
| > Breaky Muffin<br><i>Bacon &amp; Free Range Eggs with BBQ sauce</i>    | 6.00 |
| > Ham & Cheese Croissant  | 6.90 |

### Morning Tea (Minimum order 12)

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|--|-----------------------------------|
| > Mini muffins<br><i>Choice of Sweet and/or Savoury</i><br><i>Gluten Free Option</i>   | 1.50 (V)<br>2.00 (GF, V)          |
| > Scone / Mini Scone<br><i>Choice of fruit or plain scone served with butter, jam and fresh whipped cream</i><br><i>Gluten Free Option</i> | 4.0/2.00 (V)<br>4.50/2.50 (GF, V) |
| > Fruit Salad Cup (Minimum 6)<br><i>Fresh seasonal fruit topped with Greek yoghurt and berry compote</i>                                   | 4.99 (GF, V)                      |
| > Banana Bread   | 3.60 (V)                          |
| > Gluten Free Banana Bread   | 4.0 (V, GF)                       |
| > Mini Friands<br><i>Assortment of Raspberry, Apple, Orange, Vanilla</i>   | 2.20 (V, GF)                      |
| > Mini Quiches<br><i>Bacon cheese &amp; tomato, Pumpkin spinach &amp; feta,</i><br><i>Mushroom red onion &amp; goat curd</i>               | 2.75 (V)                          |
| > Frittata<br><i>Corn, spinach, capsicum, red onion, carrot and feta</i>   | 3.0 (GF, V)                       |
| > Mini Bruschetta<br><i>Tomato and seasoned avocado bruschetta served on sour dough toast</i><br><i>(GF available on request)</i>          | 3.9 (V)                           |
| > Paleo Treats<br><i>Selections of Caramel, Brownies, Lemon, Mint, Rose, Coconut</i>   | 5.99 (Vegan, GF, DF)              |

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### Sandwich Platter (Minimum 6 serves)

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> Point Sandwiches	7.00 ea
<i>Selection of gourmet filling made on white/ wholemeal sandwich bread</i>	
> Gourmet Sandwiches & Wraps	9.00 ea
<i>Selection of gourmet filling made on organic sourdough breads/ Mexican Tortillas</i>	
> Handmade Sushi Platter <i>Mixed flavours</i>	
50 piece platter	42.00
60 piece platter	50.00
80 piece platter	66.00
100 piece platter	82.00

### Salad

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*Freshly prepared on site, using the finest and freshest ingredients available in*

> 1.0 Kg	25.50
> 1.5 Kg	37.50
> 2.0 Kg	50.00

**Choice of** *Roast Pumpkin Olive & Feta Salad (V, GF), Potato Bacon Salad (GF), Tuscan Chick Pea Salad with semi dried tomato dressing (V, GF, DF), Chick Pea Salad with Lemon Dressing (V, GF, DF), Roasted Carrot Salad (V, GF, DF), Greek Salad (V, GF), Roast Vegetables Salad (V, GF, DF), Beetroot Salad (V, GF, DF), Cous Cous Salad (V, GF, DF), Italian Coleslaw (V, GF), Thai Noodle Salad (V, GF), Chinese Noodle Salad (V, GF), Brown Rice & Black Currant Salad (V, GF, DF)*

### Catering Tray

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> Traditional Beef Lasagne (6 - 8 Portions)	55.00
> Vegetarian Lasagne (6 - 8 Portions)	55.00
> Sandcrab Lasagne (6 - 8 Portions)	75.00
> Gluten Free Beef Lasagne (6 - 8 Portions)	65.00
> Gluten Free Vegetarian Lasagne (6 - 8 Portions)	65.00
> Gluten Free Sandcrab Lasagne (6 - 8 Portions)	85.00
> Traditional Greek Moussaka (6 - 8 Portions)	60.00
> Chicken & Baby Peas Risotto (5 Portions)	49.90 (GF)
> Mushroom Risotto (5 Portions)	49.90 (V, GF)
> Salmon, Dill & Mascarpone Risotto (5 Portions)	55.00
> Thai Curry (5 Portions)	60.00
<i>Choice of Green Curry Chicken, Red Curry Chicken, Massaman Beef Curry, Panang Beef Curry</i>	

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### Feasting Platter

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#### Sweet Platter

*Selection of mixed cakes & slices*

> Small (6 - 10 people)	35.50
> Medium (up to 15 people)	70.00
> Large (up to 25 people)	120.00

#### Fruit Platter

*A selection of seasonal fruit*

> Small (6 - 10 people)	28.50
> Medium (up to 15 people)	55.00
> Large (up to 25 people)	100.00

#### Cheese Platter

*Selection of our Local Australian Cheeses accompanied by an assortment of crackers, paste, dried fruit and nuts*

> Small (6 - 10 people)	45.50
> Medium (up to 15 people)	75.00
> Large (up to 25 people)	150.00

#### Gourmet Cheese Platter

*Selection of our Imported Cheeses accompanied by an assortment of crackers, paste, dried fruit and nuts*

> Small (6 - 10 people)	55.00
> Medium (up to 15 people)	85.00
> Large (up to 25 people)	180.00

#### Antipasto Platter

*A Selection of smoked and cured meats accompanied by assorted olives, Feta cheese, Marinated Artichokes, Semi dried tomato & Balsamic onion*

> Small (6 - 10 people)	35.00
> Medium (up to 15 people)	60.00
> Large (up to 25 people)	110.00

#### Dips Platter (Mezze)

*Selection of our Gourmet Dips accompanied by grilled vegetables, carrot & celery*

> Small (6 - 10 people)	39.90
> Medium (up to 15 people)	75.00
> Large (up to 25 people)	120.00

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### Finger Food & Canapes

#### Hot Food

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- > Petite Quiches (Minimum 12) 2.75  
*Pumpkin & Feta, Mushroom & Goat Cheese, Ham Cheese & Tomato*
- > Vegetable Frittata 3.0 (GF, V)  
*Corn, Spinach, Capsicum, Red onion, Carrot & Feta*
- > Lamb Kofta Balls with Yoghurt & Cucumber Dip (Minimum 20) 2.80 (GF)
- > Mini Gourmet Pork Sausage Rolls (Minimum 12) 2.75
- > Mini Gourmet Spinach & Ricotta Rolls (Minimum 12) 2.75 (V)
- > Mini Filo (Minimum 12) 2.75  
*Chicken & Pesto, Spinach & Ricotta, Thai Chicken*
- > Mini Pies (Minimum 12) 2.75  
*Chicken & Tomato, Mexican Beef*
- > Vegetarian spring rolls served with sweet chilli sauce (Minimum 12) 2.50
- > Satay chicken skewers with peanut sauce (Minimum 15) 3.50
- > Potato & Peas Curry Puffs served with light sweet chilli sauce (Minimum 20) 2.50 (V)
- > Sweet Chilli & Coriander Chicken Meatballs with sweet chilli (Minimum 20) 2.70

#### Cold Food

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- > Dill Crepe Triangles with Salmon & Creme Fraiche (Minimum 12) 2.75
- > Minted Lamb Tartlets with Creme Fraiche (Minimum 20) 2.90
- > Spicy Corn Fritters with avocado, roast capsicum & lime salsa (Minimum 15) 2.90 (V)
- > Zucchini Slice with Proscuitto (Minimum 15) 3.50
- > Mille Feuille with Gorgonzola & Walnuts (Minimum 12) 2.80 (V)
- > Vegetarian Vietnamese Rice Paper Rolls (Minimum 20) 2.90 (V, GF, DF)

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### Sweet Treats

#### Cake & Desserts

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|--|------------------------|
| > Italian Tiramisu Tray (30cm x 24cm)  | 45.50                  |
| <i>The Italian classic dessert made with mascapone, coffee soaked Savoiard Biscuits.</i>                     |                        |
| > Belgian Chocolate Mousse (9cm Round)   | 5.50                   |
| <i>A Belgian Milk or Dark Chocolate soft Mousse &amp; fresh cream</i>  |                        |
| > Middle Eastern Meringue (13cm round)   | 5.90 (GF, DF)          |
| <i>Our Signature Meringue with Pistachio, Black Apricot &amp; Fig</i>  |                        |
| > Mini Florentines <b>16 portions</b>  | 57.50                  |
| > Lemon & Coconut Slice Tray (36cm x 28cm) <b>16 portions</b>  | 55.00                  |
| > Choc Mint Slice (9.5cm x 8cm x 6 cm) <b>16 portions</b>  | 46.99                  |
| <i>Coconut biscuit base with a green peppermint centre topped with dark chocolate &amp; shredded coconut</i> |                        |
| > Cherry Ripe (9.5cm x 8cm x 6 cm) <b>16 portions</b>  | 46.99                  |
| <i>Coconut Base, cherries and condensed milk topped with dark chocolate</i>                                  |                        |
| > Orange & Almond Cake (6" or 8")  | 16.50 / 38.00 (GF, DF) |
| > Flourless Chocolate & Almond Cake (6" or 8")   | 16.50 / 38.00 (GF)     |
| > New York Style Baked Cheesecake (6" or 8")   | 16.50 / 38.00 (GF)     |
| <i>Available in Lemon curd or Mixed Berry</i>  |                        |

#### Individual Sweet

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|---|--------------------------|
| > Macarons (Various flavours)                             | 2.75 Ea / 40 for 98.00   |
| > Caramel Slice <b>GF</b>                                 | Bite size 2.50 / 4.50 Ea |
| > Belgium Chocolate Brownie <b>GF</b>                     | Bite size 2.70 / 4.99 Ea |
| > Caramel Macadamia Tart <b>GF available \$0.50 extra</b> | Mini size 2.00 / 3.15 Ea |
| > Lemon Tart <b>GF available \$0.50 extra</b>             | Mini size 2.00 / 3.15 Ea |
| > Lemon & Coconut Slice                                   | Bite size 2.50 / 4.50 Ea |
| > Sweet or Savoury Muffins                                | Mini size 1.50 / 4.50 Ea |
| > Paelo Treats <b>GF &amp; DF</b>                         | 5.99 Ea                  |
| > Carrot Cake   | Mini size 3.00 / 5.50Ea  |
| > Friands <b>GF (Apple, Raspberry, Vanilla or Orange)</b> | Mini size 2.25 / 4.20 Ea |
| > Passionfruit Tart                                       | Mini size 3.80 / 5.99 Ea |
| > Lemon Meringue Tart                                     | Mini size 3.80 / 5.99 Ea |

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**SAUCES**

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